

Benefiting  
CALM, Inc.  
The Frederick County Community  
Mediation & Conflict Resolution Center  
Co-Sponsored by *Frederick Community College*

Thank you for participating in the first annual **Frederick Idol 2010** fundraiser for CALM, Inc. our county's Community Mediation and Conflict Resolution Center. Aside from fundraising, it's our intent for you to have fun and learn from your experience.

**CONTESTANT COMPETITION  
INSTRUCTIONS AGREEMENT**

**AS A CONTESTANT**

1. You have one song to perform in 5 minutes, self-accompanied or accompanied. A boom-box will be available if you are singing along to a CD track.
2. You will introduce yourself, where you're from, and the song you wish to perform.
3. You will be judged on:
  - a. **MUSICALITY (pitch, etc.)** which includes your choice of material. (helpful hint: Often performers experience difficulties because they choose their favorite song rather than one that suits their voice. So, choose wisely.)
  - b. **PRESENTATION:** How well you present your song, and your level of proficiency, experience, and entertainment performance.
  - c. **"STAR QUALITY"**: Charisma (charm, personality, appeal, magnetism, allure)

**SELECTION**

4. At the conclusion of your performance, you will be critiqued by the judges and receive the judges decision.

**THE JUDGES**

5. The judges can stop the aspiring Idol at anytime, so you should be prepared.
6. Judges may offer helpful suggestions/advice to each contestant and any prospective Idol contestant at the judges discretion.
7. Prospective Idol contestants should be emotionally prepared for judges' honesty.

I, \_\_\_\_\_, print name of contestant and guardian's name of contestant if under age 18 \_\_\_\_\_ have read the above Contestant Instructions and understand that I may be stopped in the course of the audition by one or all of the Frederick Idol judges. I also understand that participation in this event is for fun and a fundraiser to benefit CALM, Inc.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

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Calm, Inc.

[www.frederickcalm.org](http://www.frederickcalm.org)